



# WORLD BREASTFEEDING WEEK

## EDUCATION AND SUPPORT

Breastfeeding improves nutrition, ensures food security and provides a good headstart in life for your baby. Bringing together a group of lactation consultants, neonatologist and nurses, this webinar hopes to educate and empower the wider community, mothers and their families on the benefits and joys of breastfeeding.

SATURDAY, 13<sup>TH</sup> AUGUST 2022  
2:00PM – 4:00PM

Title	Speaker
Online Antenatal Education	<b>Doris Fok</b> <i>Lactation Consultant/Fellow, IBCLC, FILCA Department of O&amp;G, NUS</i>
Common Concerns about Breastfeeding: Myths and Facts	<b>Dr Yvonne Ng</b> <i>Senior Consultant, IBCLC, Department of Neonatology, NUH</i>
What to expect after birth	<b>Jasmine Steve Cai</b> <i>Assistant Nurse Clinician, IBCLC Department of Nursing, NUH</i>
Lactation Support in the Community	<b>Saqila Binte Ismail</b> <i>Assistant Nurse Clinician, Bukit Panjang Polyclinic</i>
Q&A	Moderator: <b>Dr Rachel Lee</b> <i>Senior Resident, Department of O&amp;G, NUH</i>

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<https://tinyurl.com/Breastfeedingwebinar2022>

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