

Measles, mumps and rubella

Measles, mumps and rubella (MMR) are viral diseases that can have serious consequences.¹⁷

TRANSMISSION¹⁷

Diseases spread from person to person.

SIGNS & SYMPTOMS¹⁷

Measles virus causes symptoms that include:

- Fever
- Cough
- Rash
- Red, watery eyes
- Runny nose

Mumps virus causes:

- Fever
- Muscle aches
- Loss of appetite
- Headache
- Tiredness
- Swollen salivary glands

Rubella virus causes:

- Fever
- Sore throat
- Rash
- Red, itchy eyes
- Headache

POSSIBLE COMPLICATIONS¹⁷

Measles:

- Ear infection
- Brain damage (rare)
- Diarrhoea
- Death (rare)
- Pneumonia

Mumps:

- Swelling of the testicles or ovaries
- Inflammation of the brain and/or tissue covering the brain and spinal cord (encephalitis/meningitis)
- Deafness
- Death (very rare)

Rubella can cause arthritis in up to half of teenage and adult women. If a woman gets rubella while she is pregnant, she could have a miscarriage or her baby could be born with serious birth defects.



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