

# Hepatitis B

## DISEASE:<sup>8</sup>

**Hepatitis B** is a contagious liver disease that results from infection with the hepatitis B virus.

## TRANSMISSION:<sup>9</sup>

Hepatitis B spreads through blood or other body fluids that contain small amounts of blood of an infected person. Babies and children can get hepatitis B in the following ways:

- At birth from their infected mother
- By touching open cuts or sores of an infected person
- Through sharing toothbrushes or other personal items used by an infected person
- Unlike hepatitis A, it is not spread routinely through food or water.

## SIGNS & SYMPTOMS:<sup>9</sup>

Adults and children over the age of 5 years are more likely to have symptoms. Symptoms include:

- Fever
- Fatigue
- Loss of appetite
- Nausea
- Vomiting
- Abdominal pain
- Dark urine
- Clay-coloured bowel movements
- Joint pain
- Jaundice (yellow colour in the skin or the eyes)

## POSSIBLE COMPLICATIONS:<sup>9</sup>

- Chronic hepatitis
- Cirrhosis
- Liver failure



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