Preparing for your child’s Vaccination

- Your child will be seeing our doctor and nurse for his/her 4-month old developmental assessment and for his/her 5-in-1, Pneumococcal, and/or Rotavirus vaccination.

- If your child has fever or contact with any infectious diseases like Hand, Foot & Mouth disease, Chickenpox, etc., please reschedule your child’s appointment via:
  a) NUP website, or
  b) NUP hotline at +65 6663 6847

Preparing for your child’s Growth Assessment

- Please fill in your child’s health booklet:
  a) Screening at 3 to 5 months
  b) Child Safety Checklist: 3-5 months

- Our nurse will perform a growth check on your child and obtain his/her feeding history. Please ensure that you or your accompanying person has this information available.

- You will be asked on your child’s developmental milestones as below:
  a) Can your child keep his/her head upright when held in a sitting position?
  b) Can your child respond to the parent’s/caregiver’s voice by quietening down if crying or smiling?
  c) Can your child visually follow the parent’s/caregiver’s movement, including turning his/her head from side to side?

- A physical examination on your child will be done by our doctor at this visit.