

## **PRE-APPOINTMENT INFORMATION**

### **3 MONTH-OLD VISIT**

At this visit, your child will be seeing our doctor and nurse for his/her 3-month old developmental assessment and for the **5-in-1** vaccination.

- If your child has fever or contact with any infectious disease like Hand, Foot and Mouth disease, Chickenpox, etc., please reschedule your child's appointment via
  - NUP website at [www.nup.com.sg](http://www.nup.com.sg), or
  - NUP appointment hotline at +65 6355 3000 or +65 6643 6969 (Queenstown Polyclinic)
- Before the appointment, please fill in your child's health booklet for the following:
  - Screening at 3 to 5 months (Health Booklet)
  - Child Safety Checklist: 3 to 5 months (Health Booklet)
- Our nurse will perform a growth check on your child and obtain his/her feeding history. You will be asked on your child's developmental milestones as below:
  - a) Can your child keep his/her head upright when held in a sitting position?
  - b) Can your child respond to the parent's/caregiver's voice by quietening down if crying or smiling?
  - c) Can your child visually follow the parent's/caregiver's movement, including turning his/her head from side to side?

Please ensure that you or your accompanying person has this information available.

- Our nurse will also confirm your decision for your child's **Rotavirus** and **Pneumococcal** vaccinations.
- A physical examination on your child will be done by our doctor at this visit.