

# FAMILY NEXUS

@CHOA CHU KANG

The Family Nexus @ Choa Chu Kang is a collaboration among National University Polyclinics, National University Centre for Women and Children, Families for Life, Fei Yue Community Services and Health Promotion Board. It offers holistic and integrated support by providing families and children with easy access to healthcare, social and community services within the heartlands.



Our nurses and care coordinators counsel and advise on the Family and Child Health services available at the National University Polyclinics as well as provide the required referrals to our polyclinics, hospitals (specialist services), social services, parent support groups and Child Development Unit, to suit your needs.

## **Health-related services**



### **Mothers**

- Pre-conception Guidance
- Antenatal and Postnatal Screenings
- Mental Wellness Checks
- Lactation Support
- Gestational Diabetes Mellitus Follow-ups
- Family Planning



### **Fathers**

- Mental Wellness Checks
- Weight Management (BMI)



### **Children**

- Growth and Developmental Checks
- Childhood Vaccination Checks
- Newborn Care
- Autism, Screen Time and Sleep Hygiene Screenings



## **Social services**



Marriage  
preparation  
and parenting  
programmes



Family and children  
bonding activities  
organised by  
community partners



Parent  
support  
groups

**Make an appointment  
with our Family Nexus  
team now!**



**Scan the QR codes below to  
find out more about the services,  
programmes and activities available!**

Family Nexus @ Choa Chu Kang



Families For Life



Health Promotion Board





## Our locations

### Choa Chu Kang Polyclinic

2 Teck Whye Crescent  
Level 2, Singapore 688846

### Keat Hong Community Club

2 Choa Chu Kang Loop  
#01-01, Singapore 689687

### In partnership with

Families for Life, Fei Yue Community Services, Health Promotion Board and community-based service providers in the western region.

