

MULTI-FINGER SPLINT

What is a multi-finger splint?

- The multi-finger splint helps to immobilise the finger joint and stabilise finger related injuries.
- It is designed with foldable aluminium arms that wrap around the finger. The foam padding provides comfort for the finger.

How to apply the splint?

- Insert the matching splint onto the injured finger until it covers the affected area.
- Gently fold the aluminium arms downwards to grip and secure the injured finger.

How to remove the splint?

• Gently pull the aluminium arms upwards and sideways, and slide the splint outwards.

How to care for the affected finger and splint?

- Follow your doctor or nurse's instructions on how long you should wear the finger splint.
- Keep the splint clean and dry. Use a plastic wrap to protect it during shower or any activity with water.
- Do not wrap the aluminium arms too tightly as it may affect the circulation of the finger.
- Remove the splint immediately and seek medical attention if the injured finger:
 - o Becomes more painful, swollen or numb.
 - o Turns pale.
 - o Develops rashes.
- Elevate the injured finger to minimise swelling and reduce pain.
- If the splint is wet, remove it from the finger and air dry completely before putting it on again.
- If the splint is stained, wash lightly with cold water and mild soap. Air dry naturally, do
 not use a dryer and keep away from direct sunlight.
- The splint is meant for one-time use during the period of injury and not for repeated or long-term use.

Do not use the splint if:

- It is damaged.
- Bent out of its normal shape.